

LOVING TOUCH EMPOWERMENT

Some ideas:

"Touching each other allows peaceful coexistence"

"Contact facilitates intimacy and most of the people we touch do not respond aggressively."

The lack of caresses can cause skin diseases and contributes in any case to aggravate them in children. Many children suffer from diseases such as neurodermatitis, psoriasis and eczema, such as a protest of the skin due to the lack of caresses.

It is possible to be thirsty for contact without even knowing it, or to confuse the symptoms with a mental health problem. "People who thirst for contact usually look like depressed individuals"

And it is that the human coldness increases in proportion to the material well-being, because when someone has what he wants, he dispenses with his neighbor and thus automatically creates a distance.

As a result, a whole series of consequences appear in the absence of affection.

Among these consequences are the psychic alterations, because the absence of cares sharpens a series of diseases and somatic symptoms, such as stomach pains, headaches, backaches, nausea, irritability, nervousness, insomnia, asthma, bronchitis and tachycardia, among others.

The problem is if a child is not caressed in childhood will not learn to lavish adult caresses and act with their children with the same coldness or distance with which he was treated by his parents.

The space of caresses is being replaced by television and computers, which lead to a kind of perversion, a substitute for human contact. Thus, many couples today have sexual problems because there are men who satisfy all their desires with cybernetic sex, with which their own women cannot compete.

In these circumstances, the sexual act becomes automatic and adults also suffer from lack of affectionate physical contact.

Technology is not to blame for living lives that are increasingly free of contact: the fault is all ours. But the electronic gestures of love and support via text message or chat are not substitutes for a hug given with love. The solution? Of course, it is not completely eliminating the technology, but use it as a complement to reconnect with all the people who feel alone out there and who could be desperately needing a hug.

To be empowered

Say mentally or aloud:

Loving touch empowerment

And let the energy flow as much as you need

You can use this energy for yourself, others, by touch, hugs or remote. It works perfectly.

Benefits:

Increases dopamine, serotonin, oxytocin, pheromones.

Balance your hormone system.

Psychological benefits as describe above.

Increases joy, happiness.

It improves relationships and creates new ones.

I hope you find it useful

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Ramón Martínez López

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Passing on ATTUNEMENTS

Here's a simple example on how to pass on any attunement:

Relax and call universal energy.

State mentally or loud once: "LOVING TOUCH EMPOWERMENT"
for (name)". Or if you perform the attunement directly: "LOVING TOUCH
EMPOWERMENT"

And let the energy flow as you feel guided

∞Blessings

Disclaimer of responsibility:

For legal reasons, the systems for empowerments, attunements, activations are a form of energy healing. As such, it always helps and never harms. You can have important changes in your life though. If you have any type of disease, see your doctor immediately. The healing energy is a big appendix to medical treatment but not made as a replacement for medical attention. This report has been written to provide information on the systems offered. If medical attention is needed a competent professional should be sought. The purpose of the manuals and healing sessions are to educate and help you in spiritual, mental, emotional and physical evolution. The author or the therapist has no responsibility if any person or entity alleged damage caused directly or indirectly by this report.

∞ Blessings.

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